



Royal Sporting Club Anderlecht

Premium Belgian Football Club  
כרטיסי כניסה למועדון הכדורגל הבלגי



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Premium Belgian Football Club  
כרטיסי כדורגל בלגים פרימיום

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Premium Belgian Football Club

בלעזיןש בלגישן פוטבאל קלוב











**ROYAL SPORTING CLUB ANDERLECHT  
YOUTH ACADEMY**

**Royal Sporting Club Anderlecht  
Youth Academy**

**Jean Kindermans – technical director**







# Royal Sporting Club Anderlecht:

## Summary presentation(1)

1. Organogram RSC Anderlecht
2. Organogram RSC Anderlecht Youth Academy
  1. Mission and vision
  2. Football vision and slogan
3. The RSC Anderlecht Youth Programs
4. The RSCA National Youth Formation
  1. Quote Herman Van Holsbeeck, general manager
  2. Style of playing
  3. Playing system according to different age groups
  4. Player profile
  5. Training schedule – Training content
  6. Trainer staff
  7. Accommodation Neerpede and Fortis Foot Academy





# Royal Sporting Club Anderlecht:

## Summary presentation(2)

5. Belgian Youth Championships and participation of RSCA in international tournaments
6. Partnerships with different schools (Dutch and French spoken)
7. Evaluation moments 4 times a year
8. Youth scouting
9. Decision making process and meeting moments
10. ProSoccerData
11. Conclusion and questions...

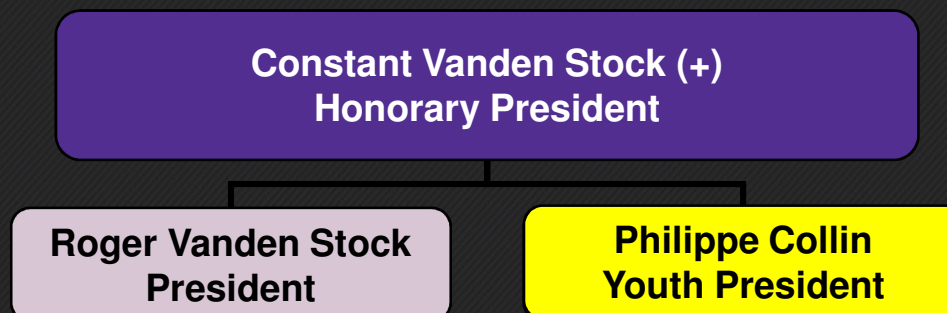






# Royal Sporting Club Anderlecht: Organogram Club(1)

## General Board:



## Board Members :

Frans Callewaert - Etienne Davignon - Gustave De Louvien  
Charles Demey - Francis De Vos - Jean De Winne - Emile Servranckx  
Daniel Spreutels - Alexandre Van Damme - Alphonse Vanderborght  
Michel Verschueren





# Royal Sporting Club Anderlecht: Organogram Club(2)

## Departments:







# Royal Sporting Club Anderlecht:

## Omannram Youth Academy

**Technical Director Youth**  
**Jean Kindermans**

**U21 Staff**  
**Johan Walem**  
**Rene Peeters**

**Technical coordinator**  
**U11→U19**  
**Dirk Gyselinckx**

**Technical coordinator**  
**U6 →U10**

**Youth Trainers**

**Youth Trainers**

**Youth Delegates**

**Youth Delegates**

**Medical Staff**





# Royal Sporting Club Anderlecht: Youth mission

1. To form players who are able to play First division and Champion's League at the age of 18-21 years.
2. To form players who are able to play professional soccer in Belgium or abroad.
3. To form personalities who are proud to have worn the Anderlecht club colors and who carry out the positive RSCA-image in a role as:
  - Board member
  - Youth trainer
  - Delegate
  - Employee
  - Supporter







# Royal Sporting Club Anderlecht: Youth vision

1. When talents are detected at a young age and youth staff makes sure that these talents get a highly professional training (technical, tactical, mental), the Anderlecht first team can always rely on young professional players.
2. A constant representation of minimum two players in the first team who were formed at least several years by the RSCA youth formation.





# Royal Sporting Club Anderlecht: Slogan

“Turn your passion into  
your profession!”







# Royal Sporting Club Anderlecht: Youth Programs

## RSCA Youth Programs

**National  
Youth  
Program**

**Provincial  
Youth  
Program**

**Regional  
Youth  
Program**

**Women  
Youth  
Program**

1. National Youth program: U6 till U21 (19 teams /  $\pm 240$  players)
2. Provincial Youth program: 11 teams
3. Regional Youth program: 8 teams
4. Women Youth program: 4 teams





# Royal Sporting Club Anderlecht:

## National Youth Formation

*“RSC Anderlecht has to profile as a highly quality youth academy in order to act as an example for youth formation and to act as a relay station between national clubs and international top clubs”*

Quote Herman Van Holsbeeck  
General Manager RSC Anderlecht

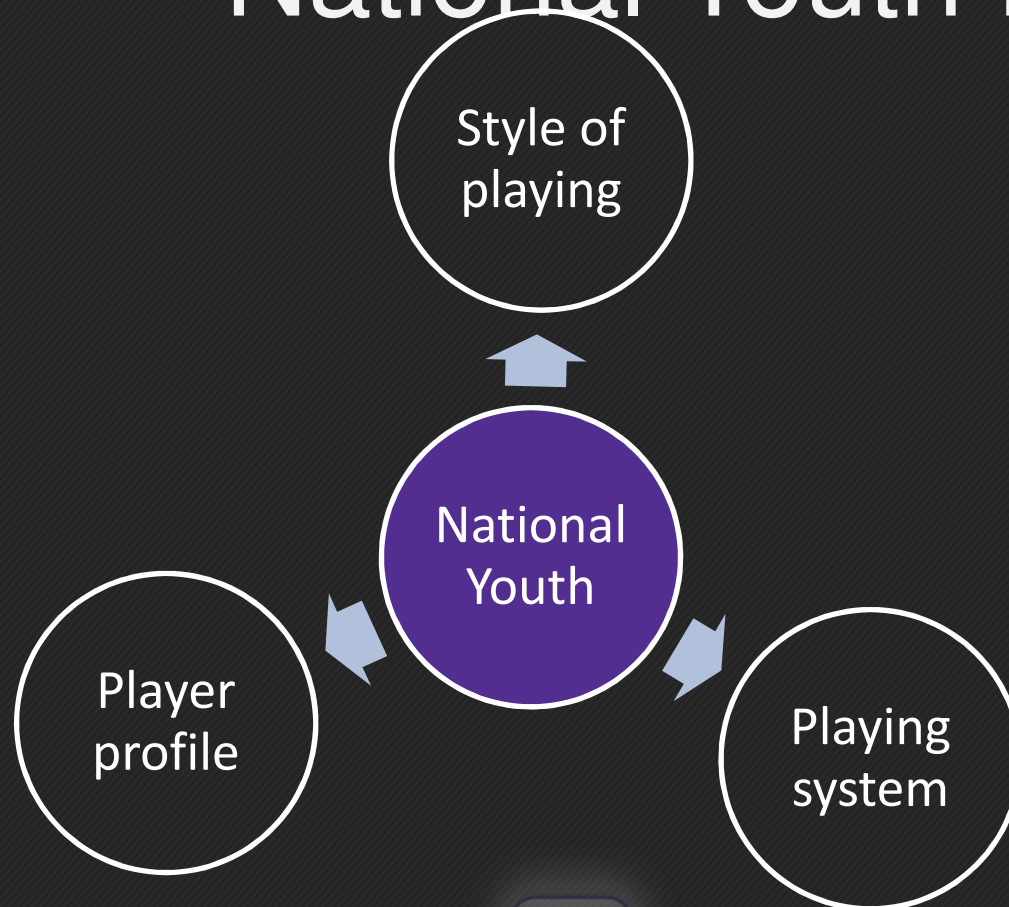






# Royal Sporting Club Anderlecht:

## National Youth Formation





# Royal Sporting Club Anderlecht: Style of playing

1. Attacking, creative and academic football
2. High speed of execution
3. Never adapting to the strenght of the opponent
4. Players who dare to take initiative
5. Playing on the half of the opponent as much as possible
6. A fluent shift between defense and attach and between attack and defense
7. Nicely build up from behind
8. Playing in triangulars
9. Mutual coaching and skill of polyvalence
10. The manner of playing exceeds the importance of result







# Royal Sporting Club Anderlecht:

## Playing system

U11 → U14:

1-3-4-3





# Royal Sporting Club Anderlecht:

## Playing system

U15→U19:

1-4-3-3







# Royal Sporting Club Anderlecht:

## Player profile: controlling midfielder



1. Technical potential in build up
2. Perfect ball control and quick continuation of
3. Perfect passing
4. Good center and cross, shot from the second line
5. Capability of infiltration
6. Bilateral potential (left – right)
7. Ideal balance between offensive support and defending tasks
8. Good heading (vertical jump + timing)





# Royal Sporting Club Anderlecht:

Player profile: controlling midfielder



- 9. Power in 1-on-1 duels
- 10. Endurance (volume)
- 11. Positive aggressivity
- 12. Athletical – Quick – Agile







# Royal Sporting Club Anderlecht: Training schedule

## 1. U6 → U10

- 3 training sessions (75 minutes) a week
- 1 competition match

## 2. U11 → U19

- 4 training sessions (90 minutes) a week
- 1 competition match

## 3. U21

- Dailly training sessions (90 minutes) a week
- 1 competition match + integration in schedule first team





# Royal Sporting Club Anderlecht:

## Training content

1. From physical accents (endurance, resistance, force) in the beginning of the week towards technical and tactical accents as the game approaches.
2. Physical schedule is divided in a 6-week-cycle:
  1. Extensive endurance training
  2. Intensive endurance training
  3. Interval training
  4. Lactate-threshold training
  5. Speed training
  6. Active recuperation training
3. Technical and tactical aspect:
  1. 6-weekly goals are described by technical director
  2. These goals have to be present in games and afterwards evaluated in match reports.
  3. The lacunes become new training goals in future training sessions after the game.







# Royal Sporting Club Anderlecht: Youth trainer staff

## 1. U21

- ex-professional players (WALEM – PEETERS) + professional physical coach (DEHAESELEER)
- 3 FTE available for the most important youth team
- trainers with a Uefa A degree or a Uefa Pro Licence Degree

## 2. U11→U19

- trainers with a Uefa A degree or a Uefa A Youth Elite Degree (New!)

## 3. U6→U10

- trainers with a Uefa B degree
- trainers with a Bachelor or Master degree in physical education





# Royal Sporting Club Anderlecht:

## Youth accommodation today

### Present

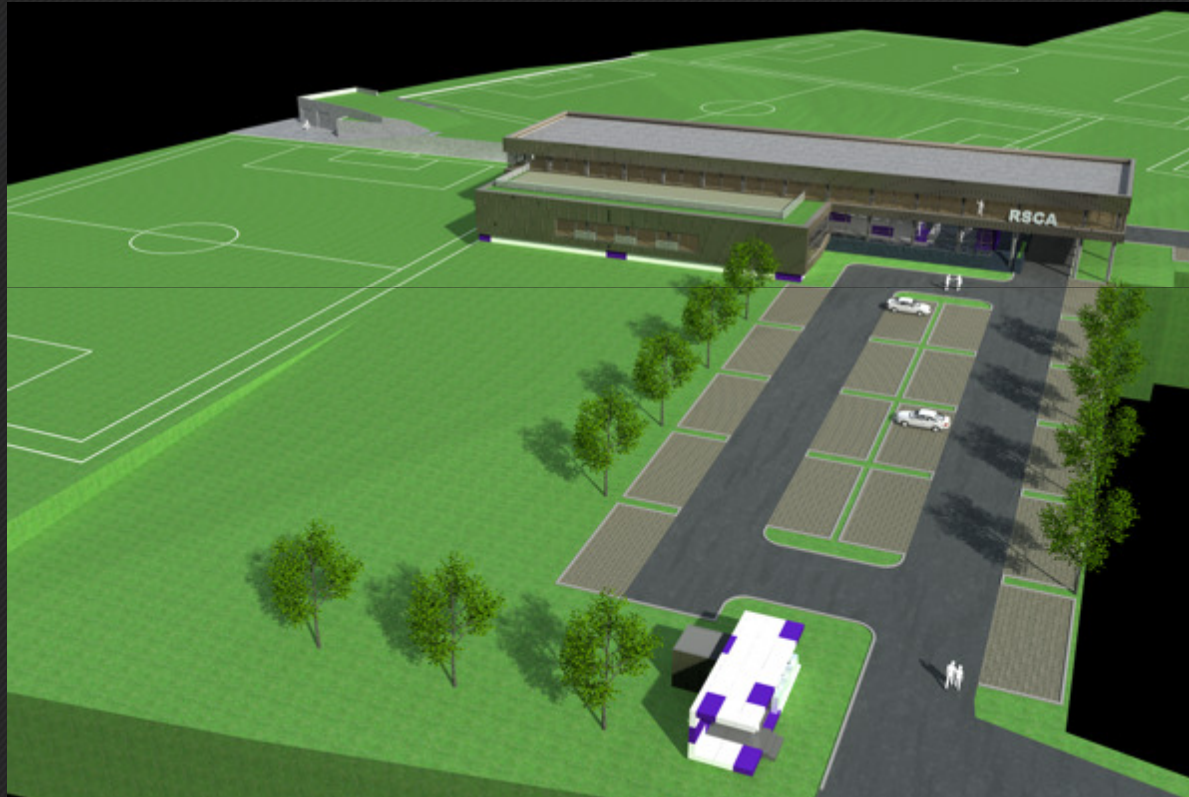
1. 4 grass pitches
2. 1 synthetic pitch (68m x 110m)
3. 1 indoor synthetic pitch (60m x 40m)
4. 1 power training hall (8m x 30m)







# Royal Sporting Club Anderlecht: Youth Accommodation tomorrow



- + 3 grass pitches
- + 1 synthetical pitch
- + 1 power training hall (500m<sup>2</sup>)





# Royal Sporting Club Anderlecht:

## Championship & Tournaments

1. Championship similar to the championship of the first team in U11→U21
  - In order to form players
  - Every selected player has to play a minimum amount of minutes (30', 40', 50')
  - Every player has to be able to play in different positions
  - The score is only a logical result of the way of playing
2. National and international tournaments
  - In order to measure with the best players and the best teams
  - In orde to win!







# Royal Sporting Club Anderlecht:

## Educational partnerships

→ Partnership with **French** educational schools:

- Redouté Peiffer Anderlecht
- Topsport school Tubize

→ Partnership with **Dutch** (Flemish) educational schools:

- Sint-Niklaasinstituut Anderlecht
- Koninklijk Atheneum Anderlecht
- Sint-Guido-Instituut Anderlecht

→ **4 additional training sessions based on technical development!**





# Royal Sporting Club Anderlecht: Evaluation moments

**Start season: 15/07 – Winter break: december – End season: 31/05**

- **Evaluation 1: 30/09**  
→ Player + trainer
- **Evaluation 2: period 26/12 → 31/12**  
→ Player + trainer + technical director
- **Evaluation 3: 28/02**  
→ Player + trainer
- **Final evaluation: 30/4**  
→ Stay or leave

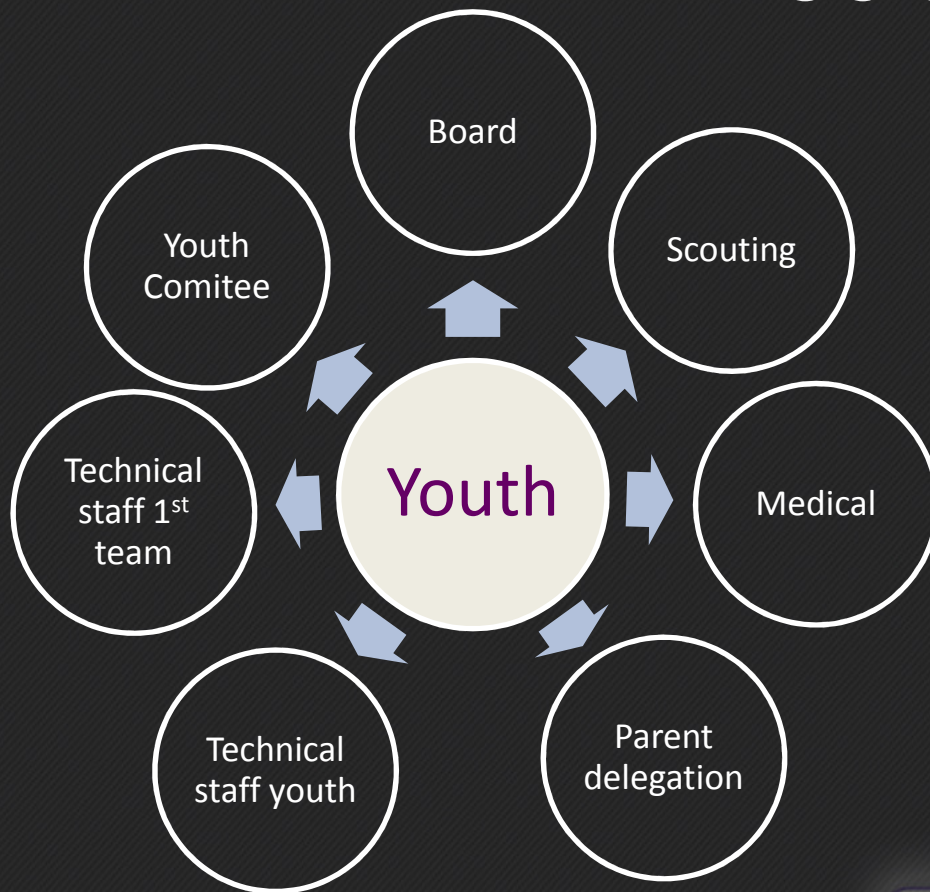






# Royal Sporting Club Anderlecht:

## Decision making process



- Trimestrial meeting
  - Parent Delegation
- Monthly meeting
  - Medical staff
- Weekly meeting
  - Board
  - Youth comitee
  - Technical staff first team
  - Scouting
- Daily meeting (formal and informal)
  - Technical staff youth





# Royal Sporting Club Anderlecht: Youth scouting

- U6 → U10:
  - Local scouting
  - Regional scouting (30km)
- U11 → U16:
  - National scouting
- U17 → U21:
  - National scouting
  - International scouting

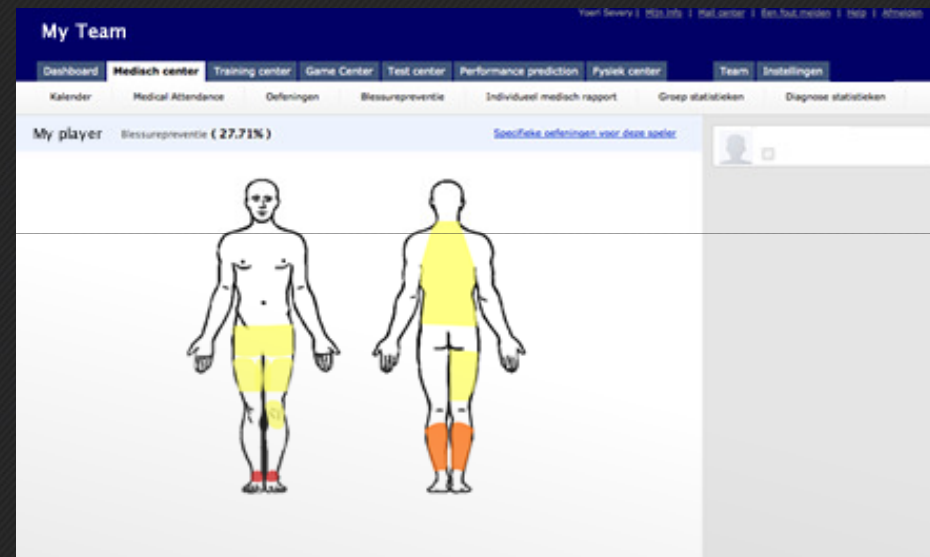






# Royal Sporting Club Anderlecht: ~~Physical talent pool~~

1. Technical director and trainer staff select  $\pm 20$  top talents (15-18 years old).
2. These players are tested on:
  - Endurance
  - Force
  - Speed
  - Elasticity/Stretch
3. Individual follow-up depending on the profile of the players.





# Royal Sporting Club Anderlecht: ~~ProSoccerData~~

1. Internal Communication tool
2. Web-based (world wide access)
3. Developed to answer the needs of all RSCA-departments.
4. Modules:
  - General player information
  - Physical information
  - Statistics
  - Scouting database
  - Evaluation modulus
  - ...

